



Boudoir-Ny.com 

LINGERIE GUIDE

Congratulations on booking your boudoir photography session. It's going to be an amazing experience. One of the keys to success is bringing a proper wardrobe with you that not only is beautiful, but flatters your body as well.

Here is a cheat sheet that will help you shop and know what to bring with you to your session. We hope you find it helpful.

LINGERIE STYLES

BRA & PANTY SETS

There are many different options for beautiful bra and panty sets. When shopping for these, proper fit is extremely important. Make sure the area near your armpit looks nice and smooth and you are not coming out of the cups. It's much more flattering on camera.

CORSET

Corsets are meant to cinch your waist and give you killer curves. They usually have ties in the back that help create your shape. They are hard to put on, but don't worry - your photographer can help you!

BUSTIER

A bustier is similar to a corset in coverage, but it has cups built in that give nice breast support. They don't normally cinch the waist like corsets do, but there are some hybrid styles out there that combine a little waist cinching and breast lifting.

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TEDDY

A teddy is a garment that covers the torso and crotch in one garment. It is a similar style of garment to a one-piece swimsuit or bodysuit but is typically more sheer and definitely sexier.



BODYSUIT

A close-fitting, one-piece stretch garment for women. They are typically considered clothing, but they are great for boudoir too!



BABYDOLL

A babydoll is a short, sleeveless, loose-fitting nightgown. It sometimes has formed cups called a bralette for cleavage with an attached, loose-fitting skirt.



Extras

GARTERS & THIGH HIGHS

A Garter Belt is a belt worn around the waist or hips with attached garters or fasteners to hold up stockings. The stockings they hold up are called Thigh Highs.



CLOTHING

Clothing is a fantastic option for boudoir! A hot leather jacket; or ripped jeans and a sexy bra, off the shoulder sweaters, or a sheer T-shirt. There are so many options for clothing that can be just as sexy as lingerie.



SHOES

Heels, heels, heels! The higher the better. We suggest bringing a neutral nude platform heel or plain black pair for versatility. If you would like to bring more, then by all means, feel free to do so!



JEWELRY

Jewelry can be a beautiful touch to your lingerie, but can occasionally look overdone. Keep in mind that sometimes less is more!



PROPS

Incorporating props into your boudoir session really gives you the opportunity to personalize your photo shoot. Consider bringing something of significance to you or your special someone. Here are some ideas:

- guitar
- flowers
- football
- camera
- cowboy hat
- feather boa
- apron
- a book
- military dogtags
- baseball glove
- cupcakes
- lollipops
- wedding veil
- boxing gloves
- your glasses
- video game controller
- his tie
- american flag
- sports jersey
- dance shoes
- silk robe



I have a question

Where is the shoot?

We shoot at multiple locations. we can use our own Boudoir-studio. on the waterfront in newburgh ny, or shoot outdoors.

When is payment due?

A \$100 booking fee is due at the time of booking to reserve your date , if there are no changes to your date that fee will be applied toward payment for your session. the remainder is due upon arrival at your session.

Can i do a photoshoot with my partner?

YES!!!! We love couples boudoir. there is a \$150 charge for the additional person

Im so shy, how will i get through this?

Its totally normal to be shy, afterall, you are in lingerie in front of a stranger with a camera. But you are interested... so it shows that you have it in you! the important thing to remember is that we are all professionals and we'll be friends before you know it!

What about hair and makeup?

Hair is up to you but we have professionals on site to take care of makeup for you. and its included in the cost of your session.

How long will it take to get my photos back ?

during our busy season it can take 3 days to a week for a gallery to be posted, 2 days, from then youll have 3 days to choose your favorites, and what print products you would like to order, print production can take 3-6 weeks.

Can i bring a friend?

Yes please!! I do limit to one friend during the shoot. on a side note if your friend may also be interested in a session please talk to me about our bring a friend discount

Do you retouch photos?

Yes. I do minimal retouching things like Redness, Pimples and scars if there are any issues your concerned with please let me know at the time of the session.. Please dont ask me to make you thinner **all bodies are beautiful!**

Practice makes perfect

Women are beautiful. No matter the shape, color or size. To look natural and feel beautiful in your own skin and let the confidence show on the outside.

Before your shoot, don't be afraid to practice your "bedroom eyes in front of the mirror.

Wear the clothes that you bought and strut your stuff in your own bedroom, away from strangers. We all have done it before. Don't lie.

Practice your game face and learn to "talk with your eyes" We want you to tell the camera (actually, the person looking at the photos), that you KNOW that you are beautiful Clear your thoughts from all negative thinking and talk to the camera as if you were in bed with your favorite person. Practice your look in front of the mirror. Close your eyes. Close your eyes and relax your mouth as if you were sleeping. Relax everything as if you were sleeping. Then, when everything is relaxed and not tense, open your eyes. see what a relaxed tone looks like on your face.

Now that's what we want.

get your skin ready

1 week before the session.

Start hydrating your skin. apply cream on your face, hands, feet and legs daily. touch base with your hair and makeup artist.

Take care of the red legs.

Theres a cure! check out pinterest for some great articles about helping get rid of red / blotchy legs

The day before

exfoliate your skin dont forget your lips. exfoliating lips is just as important as lipgloss. Make sure your face is clear of dry/dead skin. Your makeup application might be flaky and we won't be able to re-touch it out. If you don't have time to go to the esthetician before your session, shave.

If your mani/pedi is having a bad day. Fix it all up. It will show in your photos

The day of your session

Wake up ready to own the world. Show up in comfortable clothing with clean skin and unwashed hair. (if you have a hair/makeup artist) or hair done and clean skin (if you only have makeup scheduled) we will talk, laugh, and relax during your makeup application.

Photography is an amazing thing but we are not magicians.. Do not rely on PHOTOSHOP for your skin troubles. We make it our goal to use photoshop as little as possible to make sure you see the real you!

What to bring

we have a limited selection of low priced one size fits most items that you may buy on location however Its important to bring outfits that make you feel awesome.

'We ask you to bring your Own outfits because we want you to feel comfortable.

So, bring something that you love and feel beautiful in. here are some ideas.

Your sexy lingerie:they never expect it.

A scoop neck or (v-neck) t shirt and boxer shorts:If comfy is your thing, go for it

A big oversize sweater:A little off the shoulder to flaunt it "a la flash dance~

Your cutest cocktail dress:If lingerie isn't your thing bring that dress you love.

His/Her favorite jersey or tshirt:Show hem how good you look in it.

Photos and inspiration: Love a certain pose or style ? Bring It along! We'll get it done!

Other things not to forget

Your sexy pumps:those killer heels.

Stockings:Don't forget them for your garter belt

Your game face:Practice your bedroom eyes in tile mirror.

Groom those eyebrows:If needed.

Shave:Seems simple enough but sometimes we all forget.

Manicure and pedicure:Beautiful hands and toes brings confidence.

Accessories:Have fun props or accessories you want to try? Bring it too!
nothing is too Freaky or scandalous. Nothing is taboo here.

Packing Checklist



Look 1

Look 2

Look 3

Look 4

Heels

Jewelry

Extras/Props

after your session

have a great night out on the town with your partner
theres no sense in wasting that fantastic hair and makeup.
now that you have some awesome new lingerie to show off
come up with a great way to make the reveal.

hold on to the joy that comes with allowing yourself
to be seen with new eyes
within a few days
after the session we will send you a password protected
temporary gallery of images for you to
select your wallart or albums. while we do include print
credit in our packages we find that it can be frustrating to be
locked into the purchase of a boudoir album before seeing
the images so we have many other alternatives from prints
on aluminum to a naughty version of an oldschool view
finder